

# CPR AND FIRST AID CLASSES

FAMILY MEDICINE CENTER



Heartsaver® CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course is for anyone with limited or no medical training.

- Classroom-based (instructor and video, with skills conducted throughout)
- Video-based course for consistency
- Upon completion students receive an American Heart Association Heartsaver CPR AED Course Completion Card valid for two years.
- During the course, an AHA Instructor conducts video-based lessons and works with students to complete their CPR and AED skills practice and testing.
- Instructors are qualified under the American Heart Association

For individuals, classes will be held:

- Saturday June 14th
- Saturday July 12th
- Saturday August 9th
- Saturday September 13th
- Saturday October 11th



Family Medicine Center

At Family Medicine Center we can provide on-site training for companies, corporations and civic groups.

Contact Rhonda Higgs to book your class today:

**327-2878**

[www.familymedicinecenter.org](http://www.familymedicinecenter.org)

DISCLAIMER: The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.