## Learn it Today. Use it Tomorrow!

#### Sarah Ward's Executive Function Skills Workshop

Monday November 20th, 2017 8:30 am - 3:30 pm | Registration starts at 7:45 am New Providence Community Center Hall - Blake Road

> Family Medicine Center presents a 1-day practical strategies workshop

#### What are Executive Function Skills?

Executive Function skills are the skill set of goal setting, carrying out organized steps and modifying a plan to complete a task successfully.

These skills are important for learning from past experiences and applying this knowledge to new experiences. Attention, memory, impulse control, organization, planning, sensing time and hierarchical thinking are the executive function based skills that enable an individual to learn, generalize behaviors and complete tasks.

#### **Learning Outcomes**

After completing this workshop you will have practical strategies to...

- Help children develop situational awareness
- Teach children to be future thinkers
- Accelerate children's planning skills
- Teach children time-management skills
- Help children develop the skills of self-monitoring and metacognition
- Help children develop better transition skills
- Support a child's ability to improve his/her speed of processing information

#### **Target Audience**

Physicians, Psychologists, Speech Language Pathologists, Occupational Therapists, Parents, Regular and Special Education Teachers, and other professionals who work with individuals with executive function based challenges.



SARAH WARD MS, CCC/SLP

#### **Executive Function Therapy**

Sarah has over 17 years experience in diagnostic evaluations, treatment and case management of children. adolescents and adults with a wide range of brain based learning difficulties and behavioral problems. A popular speaker. Sarah regularly presents nationally and internationally on the topic of executive functions to a variety of professional and parent organizations. Her innovative and effective treatment approaches have been featured on National Public Radio and she is the recipient of multiple awards, including the Massachusetts General Hospital Expertise in Clinical Practice Award and Faculty in Excellence Award, 2005 and 2011.

If you have questions, please send emails to: Irivers@familymedicinecenter.org or phone: 242-702-9310



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# **REGISTRATION FORM**

Name:		Home or Cell Phone:		
Organization:		Work Phone:		
Address:				
City:	PO Box:			
Email: (an individual email address is essential for event info*)				
Registration Type:				
Medical Professional (Early Bird - Before Nov. 6) <b>\$200</b> plus VAT	Medical Profession	Medical Professional (Nov. 7 - Nov. 20) <b>\$225</b> plus VAT		
Non-Medical Professional (Early Bird - Before Nov. 6) <b>\$150</b> plus VA	T 🔲 Non-Medical Profe	on-Medical Professional (Nov. 7 - Nov. 20) <b>\$175</b> plus VAT		
**10% Discount for Organizations with groups of 5 or more**				

\*Family Medicine Center does not share personal information with any other organization or individual.

### **Payment Options**

Payment Amount: \$ _	Date Registration Submitted:			
Method of Payment:	nt: Cash VISA MasterCard			
Name on Card:				Signature:
Card Number:				Expiry Date:

**Registration Options:** You may register in person at the Family Medicine Center – Blake Road Monday - Friday 8:30 am – 4:30 pm or by telephone using a credit card (242) 702-9310. Please indicate you are registering for the Sarah Ward Workshop. Registrations are accepted only when accompanied by payment. Refunds for registration, less a \$50 handling charge, are available if Family Medicine Center is informed in writing three weeks before the workshop date.

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